

# *I overcome obstacles through perseverance*

## **I overcome obstacles through perseverance.**

I face obstacles at every turn, but they fail to deter me. My courage gives me the stamina to carry on through rain storms and dark clouds. It is true what they say: when it rains, it pours. However, I refuse to allow this to dampen my spirit. Instead, **I choose to press on through the difficulties.**

I understand that everyone faces difficulties in their life, including me. Even though my life is unique to myself and there is no one else in my shoes, I seek comfort in the fact that a thousand others before me have been in similar situations.

I ask my inner self whether it's more important to finish the race or stop halfway through it. **I ask whether it's better to finish -- no matter how long it takes -- than to give up.** For what can be gained by giving up other than disappointment and regret?

I have made my decision: to carry on and carry on with strength and grace. **I choose to ignore the noise and obstacles that seek to impede my progress.**

Today, I face barriers, inconveniences, mishaps, and disappointments with faith, courage, and perseverance. I act as solid as a rock, letting nothing get in the way of my success.

Barriers and obstacles may test my resolve, but I choose to use my willpower to make progress toward my goals.

## **Self-Reflection Questions:**

1. What specific obstacles am I currently facing at work or in my personal life?
2. How can I "tune out" the noise in my life and stay focused?
3. How can I keep track of my daily progress toward my goals?