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Life is a series of new opportunities. My job is to make the most of those opportunities. **Each day is a chance to start over.** I build on the successes of yesterday and leave my failures behind.

Life is a gift, but it comes with a price. I have the obligation to give something back by becoming more. I become more by noticing the opportunities all around me and taking advantage of them.

I embrace change in my life.

Change is the mother of opportunity. **When I resist change, I am choosing to reject opportunity.** That is the same as rejecting a more meaningful life and choosing to remain in my current condition.

I have the courage to seek out change daily.

Most opportunities are disguised as hard work. I enjoy working hard when the rewards are worth the effort. I see the opportunities hidden in the challenges in my life.

An opportunity missed ultimately becomes a regret, so I enthusiastically seize each opportunity presented to me. My eyes are open to the possibilities the universe presents to me each day. I am paying attention.

Today, I reevaluate my life for hidden opportunities. New opportunities present themselves to me daily. I am grateful for the chance to enhance my life.

Self-Reflection Questions:

1. What are the opportunities I am rejecting in my life right now?
2. Which opportunities have I squandered in the past?
3. Will the quality of my life improve or degrade if I take advantage of more opportunities? In what ways will my life change?