

# My life is full of motivation and purpose

## **My life is full of motivation and purpose.**

I am able to motivate myself easily. Because I know my purpose, motivation comes to me naturally. **Motivation is the key to accomplishing things with enthusiasm.** I can do anything if I am enthusiastic.

Regardless of the task, I have plenty of motivation to carry me through to the end. Motivation is a renewable resource. It must be replenished regularly.

My attitude is another great advantage I have. **My motivation determines what I do, but it is my attitude that ensures that I do things well.** I avoid mediocrity and live life at a high level.

My purpose is clear to me. Whenever I am feeling lost, I remind myself of my purpose.

My purpose guides me each day. I consider my purpose before making any big decisions. Knowing my purpose makes my life easier because I remain grounded and certain.

I receive comfort and peace from knowing what I need to do.

Knowing my purpose is the starting point of my achievements. **Being consistent in my purpose is the secret of my success.** I know who I am and what I want.

Today, my life is full of motivation and purpose. I remind myself that spending time on my purpose increases the level of motivation I experience. My purpose is clear to me.

## **Self-Reflection Questions:**

1. What is my purpose?
2. How would I describe my typical level of motivation? What can I do to increase my motivation?
3. What would change about my life if I were more motivated?