

I AM READY FOR THE NEXT STEP

I am ready for the next step.

I embrace change and feel prepared for the next step in my life. I am happy to move into the next phase of my existence. I am ready to take the leap and try new things for the first time.

I let go of the past and focus on the future.

I eliminate my resistance to change. Instead, I welcome new opportunities. I have the wisdom, knowledge, and talent to make my next step successful.

I let go of pain, doubt, and insecurity. I let go of the fears that hold me back from my dreams. I let go of any hint of hesitation that keeps me from the next step. I bravely step forward and accept my future.

I am ready for a new beginning.

I am ready for new experiences, ideas, and thoughts. I keep my mind open to new things on this journey.

I know everything is happening at precisely the right moment.

I am in control of my life and surroundings. I embrace an action-oriented mindset instead of one that is hesitant. I take one step at a time and cherish each minute. I see my life as an adventure that I can explore.

Today, I recognize that I am ready for the next step.

Self-Reflection Questions:

1. What can I do to eliminate the fears I have about my next step?
2. How can I help my family and friends understand I need to make changes?
3. How can I take advantage of all the new opportunities in front of me?