

# I have an important purpose

## **I have an important purpose.**

I know my life has an ultimate function. I have an important role in this universe.

## **My life matters, and my existence is significant.**

I avoid desperation or confusion because I know I have a crucial purpose. I seek out opportunities that expand on this. I focus on goals that show me my purpose.

I study along this journey and pick up new ideas. I use the knowledge to expand my mind and discover my purpose. I take each opportunity to explore the world around me, so I can learn even more.

## **I decide what is important in my life.**

I live by my own principles. I have morals and values that propel me forward. Yet, I am flexible enough to change when it is necessary.

I can mold and nurture my purpose because I have control over my life.

I find the motivation that I need. I seek out

and discover the encouragement that helps me.

My motivation flows from my purpose. I take steps to increase my knowledge each day. I set goals and pay attention to my accomplishments. All of these things add up to my purpose on this planet.

Today, I see my purpose in life. I appreciate the role I play. I have value and my life makes a difference in this universe.

## **Self-Reflection Questions:**

1. How can I find my purpose?
2. What can I do to cultivate my purpose and nourish it?
3. How can I help others find their purpose and encourage them along their journey?