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I know my place in the universe and I am fulfilling my purpose. I believe that I was put on Earth for a specific reason. I know that reason and do my best each day to live my life at the highest level.

I am confident that I know my reason for existing. **Each day gives me the opportunity to be radiantly alive.** I am grateful for the good fortune bestowed upon me.

I build my life around my purpose. Since I know my purpose, I find it easier to make decisions. My decisions and values align with my purpose perfectly. I choose my friends, hobbies, and employment to boost my capabilities.

Everything I do and each person I meet is part of my destiny. **Everything and everyone that comes into my life provides a valuable lesson.** I trust my instincts and take intelligent risks freely. I avoid waiting for opportunity to come to me.

I know the best way I can serve my fellow man. I show compassion to others and

possess the will to help others.

There is a plan and purpose to each person's life. I respect the path and purpose of others. Everyone has value.

Today, I am feeling a deep sense of purpose from what I do. I am committed to living life at the highest level and helping others to do the same. I am fulfilling my purpose in life.

Self-Reflection Questions:

1. How could I spend my day that would align with my values?
2. What is most important to me? What would allow me to feel fulfilled?
3. When have I felt most alive?